

Red Belt Mid-term Choices

(STUDENTS SHOULD CHOOSE ONE SUBJECT TO BE TURNED IN THE WEEK OF TESTING)

1. DESIGN 2 DIFFERENT SKITS WITH DIFFERENT AUDIENCES IN MIND.
2. BE A “BELT BUDDY” FOR A LOWER RANK JUNIOR OF THE SCHOOL (INSTRUCTOR’S CHOICE.)
3. ASSIST IN THE PROMOTION OF YOUR LOCAL STUDIO (FLYERS, DEMO, ETC.) PROMOTING THE BENEFITS OF TAEKWONDO.
4. ASSIST IN AT LEAST 8 CLASSES. (DOES NOT COUNT TOWARDS S.W.A.T. CREDITS)
5. TUTOR A STUDENT WITH A SPECIAL NEED. (INSTRUCTOR’S CHOICE) WRITE A PAPER ON YOUR EXPERIENCE.
6. TAKE ONE COMMON OBJECT AND DEVELOP THE OBJECT INTO A WEAPON TO BE USED FOR SELF DEFENSE.
7. TAKE ONE ADVANCED FORM AND DEMONSTRATE TECHNIQUES IN REAL SELF DEFENSE APPLICATIONS.
8. WRITE A PAPER ON ONE ELEMENT OF KOREAN CULTURE. (EX: COOKING, FAMILY, LANGUAGE, SCHOOLING, ETC.) COMPARE AND CONTRAST TO OURS.
9. PREPARE AND DEMONSTRATE 1 SPEED BREAK (HAND OR FOOT).
10. OBSERVE AN OPEN TOURNAMENT. COMPARE AND CONTRAST THE EVENT TO AN ATA TOURNAMENT IN A PAPER.
11. WRITE A PAPER ON SPARRING TRAINING METHODS.
12. PUT OUT 250 FLYERS, AS MANY WAYS AS YOU CAN, ADVERTISING THE SCHOOL.

**ALL REPORTS SHOULD BE TWO PAGES, DOUBLE SPACED, WITH A COVER PAGE.*