

Coventry Taekwondo

Basic information for new students/parents.

Please note your scheduled class times. Please stay within your rank and age group.

- Students should come twice a week or more depending on their program.
- 2 Good Deed sheets are due for kids to receive 1st and 2nd knowledge stripes & a practice sheet is due by testing. Each good deed sheet consists of 8 deeds. These can also be written on notebook paper.
- Tiny Tigers are not required to do good deed sheets or practice sheets.
- Students must pull their attendance card. Permission to test can be denied due to lack of attendance even if material is known.
- Please try to be on time but if you come in late, pull your card, raise hand and ask for permission to join class. Bow to instructor when permission is granted.
- Bow before you enter & leave the workout floor (carpeted area) & at front door.
- All students must stand when the oath is being said even if not in uniform. Parents and other observers, please remain quiet during the oath as it reinforces the respect we are teaching the students.
- Please keep the noise level down in the lobby as it can be distracting to the class.
- Please do not allow children to sit or climb on counter or shoe rack. Please be respectful of the area; clean up after your children should they play with the toys. The next family will appreciate it.

Supplemental information:

Every 8-10 weeks there is a formal testing to allow students to advance to the next belt rank. Testing involves:

- Performing form and one steps in front of a panel of judges (2-3+). Sparring and board breaks are required at higher ranks. The testing process is an important part of the training. Please give it the respect it deserves.
- Women may wear a white t-shirt or sports bra under their dobak top and men should not wear anything under their dobak top. Please check the dress code policy for all rules.
- No jewelry during testing, tournaments & classes. This is for your safety.
- Testing usually takes place on a Friday night at the studio for Tiny Tigers or on Saturday mornings for Karate for Kids and adults at another location (usually Turnstone).
- Tiny Tigers usually do “half-steps.” This is where they perform ½ the form and 1 one-step for the belt “recommended” and next testing they do the whole form and 2 one-steps for the next color belt.
- There is an additional fee associated with testing and it varies by rank (\$50 for white belt, includes annual ATA membership, and \$35 orange - green).
- Testing fees are due prior to testing or a late fee of \$10 will be charged.
- Fees cover the costs of new belts, certificates, facility rental, cost of wood or re-breakable boards, and associated fees.
- The student will be awarded their new belt at rank ceremony the following week.
- Students should wear their uniform with their current belt to the rank ceremony.
- Students should continue to come to current rank classes until after the belt ceremony.
- All students orange belt and above must have ATA patch on to test or compete.
- After the student’s first testing he/she will be enrolled with a membership into the American Taekwondo Association. They will be presented with a membership card, an ATA patch to be worn on their right side. Other patches as required are:
 - Basic Program: V-patch for kids & school patch for adults. To be worn on left side.
 - Black Belt Club: Available to any rank. Camo and up are required to attend sparring class. Sparring gear will be needed for these classes. Lower rank classes are available to maintain old forms and are need when preparing for brown – black belt ranks. Black Belt Club patch to be worn on left sleeve.
 - Master Club: Worn on right sleeve. Weapons classes are included in this program.
 - Leadership Patch: Worn on left sleeve. Additional leadership classes are available.

We understand there is a lot of information & we hope this sheet will help you in the beginning.

Please ask an instructor if you have any other questions.

Welcome to our Taekwondo family!!!!!!